

February 11, 2018

LEARNING TO PRAY THROUGHOUT THE DAY

Matthew 6:8-13; Eph. 6:18

Developing two important habits. Eph. 6:18;

1 Thess. 5:17

- Seeking to have an **ongoing** conversation with God. Eph. 6:18; 1 Thess. 5:17; Luke 5:16; 6:12; 9:18, 28
- Working on scheduling **praying** throughout the day. Ps. 119:164; Dan. 6:10

Developing a daily schedule of prayer. Matt 6:8-13

- Start by getting up with an **attitude** of prayer. Matt. 6:8-9; James 1:17; 2 Cor. 9:15; 1 Thess. 5:18; 1 Chr. 16:34; Phil. 4:8
- Move to breakfast by blessing and **praising** God's name. Matt. 6:9; Ps. 145:2; 9:2; Gen. 1:1; 17:1; 22:14; Judg. 6:24; Rom. 8:15
- Midmorning **recall** of what matters most. Matt. 6:10, 33; Jer. 29:11; Rom. 8:29; 1 Tim. 2:3-4; 1 Thess. 5:18; Is. 55:11
- Lunchtime **list** of my needs. Matt. 6:11; Eph. 6:18; Phil. 1:18; John 16:13-14; 1 John 5:13-14; 2 Pet. 1:3; Phil. 4:6-7; 1 Sam. 12:27
- In the afternoon ask forgiveness and **confess** your sins. Matt. 6:12; Ps. 139:23-24; Ps. 32:5; Prov. 28:13; 1 John 1:9
- In the evening ask for **help** making the right decisions. Matt. 6:13; 1 Cor. 10:13; Ps. 101:3; 2 Cor. 10:3-5; James 1:5
- At the end of the day **seek** encouragement with the Truth. Matt. 6:13; Prov. 10:27; 21:1; Is. 55:8-9; Is. 41:10; Ps. 46:1; Phil. 4:6-7; Matt. 6:25-34